

*Mary Farnham,*

*R.N.C. ARNP*

15433 Country Club Dr. B-106  
Mill Creek, WA 98012  
marymfarnham@gmail.com  
(425) 330-4588

*Mary Farnham*  
*5/1/17*

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**EDUCATION:**

**Masters in Nursing; Dual Certification Adult and Women's Health**

June 2009

**Bachelor of Science, Nursing, University of Washington**

Graduated Cum Laude March 2006

**Associate Degree of Arts and Science, Everett Community College-School of Nursing,**

Graduated with high honors, 1974

**LICENSE/CERTIFICATION:**

Advanced Registered Nurse practitioner AP 60115689

American Nurses Credentialing Center Board Certified Adult Nurse Practitioner  
2009008646

National Certification Corporation Women's Health Care Nurse Practitioner  
FAR1-0430-6905

Licensed Registered Nurse, State of Washington, Number RN00053517, Present-1974

Certified Breast Examination Instructor, 1992

National Certification Corporation Inpatient Obstetric Nursing Present-1988

Certified in Renal Dialysis, 1975

Member Sigma Theta Tau, Present-2006

**EXPERIENCE:**

**8/2010-present**

**ARNP, Lake Washington Vascular**

Hospital Affiliations: Overlake Hospital Medical Center

Evergreen Hospital Medical Center

Swedish Medical Center, Issaquah Campus

**7/2009-9/2010**

**Women's Health ARNP, North Seattle Women's Specialists**

Providing women's health care, including annual wellness exams, contraception planning and surveillance, care of the women in the menopausal transition, and antepartum care.

**9/2007-10/2010**      **Labor and Delivery Nurse Specialist**, Group Health Cooperative  
Coordinated and executed labor, delivery and postpartum care  
working collectively with obstetricians, family practice physicians  
and midwives. Preceptor BSN students.

**3/2006-9/2007**      **Nurse Clinician**, Bothell Kenmore Community Health Center  
Coordinated patient education including diabetes, family planning,  
smoking cessation, hypertension, hyperlipidemia, and asthma  
Coordinated all medication refills  
Facilitated management of Medical Assistant Staff  
Provided phone and walk-in triage and facilitated provider  
appointments as indicated.

**1988-2006**      **Nurse Manager**, Northwest Hospital, Dr. Ralph Neighbor M.D.  
Coordinator of patient education  
Developed and directed pre-operative teaching and consenting and  
post-operative gynecological surgical care for teenage through  
senior women  
Facilitated prepregnancy, pregnancy, delivery and postpartum care  
and education.  
Conducted nonstress testing as appropriate.  
Assisted and provided pre and postoperative teaching for  
amniocentesis.  
Provided pre and postoperative teaching for Cesarean Section  
delivery.  
Facilitated well women examinations including appropriate  
laboratory studies, mammograms, bone densities and ultrasounds  
for a diverse population.  
Facilitated family planning discussions and assisting clients to  
make informed choices as to a method that best serves their  
individual needs. Arranged interpreters when appropriate.  
Provided telephone triage  
Assisted with office surgical procedures including consenting, pre  
and postoperative instructions.  
Developed all forms utilized for patient care.  
Facilitated all patient care within hospital, state and federal  
guidelines  
Coordinates Drug representatives and medication sampling  
**Compliance Coordinator**, HIPPA, 2006-2003  
**Compliance Coordinator**, OSHA, 2006-1992  
**Domestic Violence Prevention Educator**, Northwest Hospital,  
1998

**1983-1988**      **Labor and Delivery Nurse Specialist**, Special Delivery Maternity  
Care

Independently coordinated labor, delivery and post partum care at a freestanding birth center.

**1979-1986**

**Labor and Delivery Staff Nurse**, Northwest Hospital  
Provided labor, delivery and post partum care.  
**Child Birth Educator**, Northwest Hospital, 1982-1980

**1977-1979**

**Medical Unit Staff Nurse**, Northwest Hospital  
Staff nurse as well as preceptor for newly graduated Registered Nurses.

**1975-1976**

**Director of Nursing Services**, Edmonds Villa Care  
Coordinated and managed staffing and care of the elder residents in a 94-bed long-term care facility. Duties included responsibility for Medicare placements and coverage.

**1974-1975**

**Staff Nurse**, Edmonds Villa Care  
Provided geriatric nursing care to long-term care residents.

**PRESENTATIONS/PUBLICATIONS:**

Have you Started the Menopausal Transition? A brochure explaining the early and late transition and common symptoms associated with each stage.

After the Baby Comes, a brochure in the office of Ralph Neighbor M.D.

Birth Planning, a brochure in the office of Ralph Neighbor M.D.

Miscarriage, a brochure in the office of Ralph Neighbor M.D.

Electronic Fetal Monitoring, a Guide to Nonstress Testing

**REFERENCES:**

Stephen Slack, MD, FACOG  
North Seattle Women's Specialists  
206 782-9335

Sharon Wilson MSN, FNP  
University Of Washington School of Nursing  
206 616-5065 [wilsons@u.washington.edu](mailto:wilsons@u.washington.edu)

Susan Flagler, DNSc, RNC  
University of Washington School of Nursing  
206 543-8244 [susanf@u.washington.edu](mailto:susanf@u.washington.edu)

Ralph Neighbor MD, FACOG  
Sound Women's Health  
Tacoma, WA  
253 590-7120 [rneighbor@commhealth.org](mailto:rneighbor@commhealth.org)